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OPERATIONS MANUAL	INSTRUCTION 02		FIRE
SUBJECT SPECIAL OPERATIONS: CARBON MONOXIDE DETECTION	SECTION 35	PAGE 1 of 3	EFFECTIVE DATE 01/09/2012

I. PURPOSE

This policy is intended to establish procedures and guidelines for Fire-Rescue personnel to utilize during incidents involving Carbon Monoxide (CO) Detectors.

II. SCOPE

This policy shall apply to all SDFD Personnel.

III. AUTHORITY

The Fire Chief in coordination with the Assistant Fire Chief of Operations and Deputy Chief Shift Commanders authorizes the information within this policy.

IV. DEFINITIONS

- A. <u>4- Gas Detector</u>-Portable instrument for detecting the presence of: Oxygen (O₂), Hydrogen Sulfide (H₂S), Carbon Monoxide (CO), combustible gas and Lower Explosive Limits (LEL).
- B. <u>Single gas Carbon Monoxide (CO) Detector-</u>Portable instrument to identify, detect, and measure the presence of CO in the atmosphere.
- C. <u>CO-</u>Carbon monoxide, also called carbonous oxide, is a colorless, odorless, and tasteless gas that is slightly lighter than air. It can be toxic to humans and animals when encountered in higher concentrations.
- D. <u>Hyperbaric-Hyperbaric oxygen</u> therapy (HBOT) is the medical use of oxygen at a level higher than atmospheric pressure. The equipment required consists of a pressure chamber, which may be of rigid or flexible construction, and a means of delivering 100% oxygen.
- E. PPE- Personal Protective Equipment
- F. <u>PPM-</u> Parts per million

V. POLICY

A. <u>Safety</u>

- 1. Full PPE shall be worn until determined otherwise by the Incident Commander.
- 2. Personnel shall use SCBA in any atmosphere that exceeds 25 ppm of carbon monoxide.

B. Investigation Procedures

- 1. The Officer in charge will immediately make contact with the occupants and determine if anyone is complaining of symptoms characteristic of CO poisoning.
- 2. If ventilation has not been initiated prior to arrival, an attempt should be made to obtain an air sampling/detector reading prior to doing so to confirm the presence of CO. There shall not be any delay in patient care or transport.
- 3. If symptoms are present:
 - a. Request an ambulance and provide patient care.

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- b. Enter occupancy with proper PPE and ensure evacuation.
- c. Investigate with CO detector or 4-Gas detector and ventilate as necessary.
- d. Patients should be transported to a facility with a hyperbaric chamber per San Diego County Protocols.
- e. Incident Commander should consider requesting Hazmat for consultation.

4. If occupants are asymptomatic:

- a. Conduct a thorough investigation of the occupancy using the CO detector or 4-Gas detector and explore any possible carbon monoxide sources. Ventilate as necessary.
- b. Verify the type of alarm activation and attempt to determine the cause of the alarm.

a. Signs and symptoms of CO poisoning

- a. Headache
- b. Dizziness
- c. Weakness
- d. Nausea
- e. Vomiting
- f. Chest pain
- g. Confusion
- h. High levels of CO inhalation can cause loss of consciousness and death.
- i. Unless suspected, CO poisoning can be difficult to diagnose because the symptoms mimic other illnesses.
- j. People who are sleeping or intoxicated can die from CO poisoning before ever experiencing symptoms.

C. Disposition Based on Findings

1. Less than 9 ppm:

- a. The instruments did not detect elevated levels at this time.
- b. Check the carbon monoxide detector per manufacturer's recommendations and trouble shoot any correctable issue, i.e. low battery, poor location or mechanical malfunction.
- c. Attempt to reset detector. If occupant's detector continues to alarm but the SDFD detector does not, requesting a third detector or 4-Gas detector should be considered to determine which is accurate.
- d. Inform the occupants to call again if detector reactivates.

2. More than 9 ppm but less than 100 ppm

a. Advise occupants that there are potentially dangerous levels of carbon monoxide and ensure all occupants have evacuated.

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- b. If ventilation has not already been initiated, attempt to obtain a CO detector reading prior to doing so to confirm presence of gas and then ventilate as necessary.
- c. If it is determined that an appliance is malfunctioning and producing CO, it shall be turned off, valve secured and SDG&E shall be notified.
- d. If source is undetermined, shut off utilities and notify SDG&E.
- e. Advise occupant(s) it is not safe to re-enter until repairs are made and a replacement detector/sensor module is installed.
- f. If either the occupant's or SDFD's CO detector continues to alarm however the other one does not, a third CO detector or 4-Gas detector shall be requested at scene to help determine which reading is accurate.
- g. Only when two detectors show less than 9 ppm shall the occupants be allowed to re-enter.

3. 100 ppm or Greater

- a. Advise occupants there is potentially lethal level of carbon monoxide present and ensure all occupants have evacuated.
- b. Begin ventilation.
- c. If it is determined that an appliance is malfunctioning and producing CO, turn the appliance off, secure the valve and notify SDG&E.
- d. If source is undetermined, shut off utilities and notify SDG&E.
- e. Advise occupant(s) it is not safe to re-enter until repairs are made and a replacement detector/sensor module is installed.
- f. Request Hazmat to respond to the incident and be guided by their direction.
- g. Occupants shall not be allowed to re-enter the structure without definitive air monitoring and clearance by the Hazmat Captain.