

## BULLETIN

NO.: 21-004  
DATE: January 8, 2021  
TO: All Firefighters  
FROM: David Picone, Battalion Chief, Health and Safety Officer  
SUBJECT: Firefighter Cancer Awareness Month (FFCAM)

With cancer diagnoses continuing to rise in firefighters throughout the nation (and our own department), creating awareness is more important now than ever before. The month of January is officially National Firefighter Cancer Awareness Month (FFCAM). Our occupational cancer risks are being acknowledged at the highest levels. Current and future research is receiving more funding than ever before. This funding could potentially support our own members who are currently (or in the future) diagnosed with cancer. The most important things we can do daily is protect ourselves from exposures and advocate for our own health. Throughout the month of January please take the time to watch the video below and review the attached resource links. The training links cover four weeks of Cancer Awareness training. Please join me in the fight against cancer in support of SDFD members who have been diagnosed with cancer and to honor members who have passed away.

### **Personal Decontamination Wipes Campaign**

To spread more awareness and encourage the 3 C's (Clean Air, Clean Body and Clean Gear), members of the Executive Command Staff are responding to working fires on January 19<sup>th</sup>(A Division), 20<sup>th</sup>(B Division) and 21<sup>st</sup>(C Division) to distribute personal decontamination wipes to operations personnel.

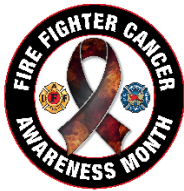
[Big Joe Video - created in partnership with SDFD, Health & Safety, L145 and SDFRA](#)

### **FFCAM Training Schedule (Training Links)**

- [Week 1 \(1/4-1/9\): Scope of Cancer in the Fire Service](#)
- [Week 2 \(1/10-1/16\): Scientific Research Related to Occupational Cancer](#)
- [Week 3 \(1/17-1/23\): Occupational Cancer Prevention](#)
- [Week 4 \(1/24-1/31\): Survivorship, Leadership and Culture Change](#)

### **Resource Link:**

- <https://firefightercancersupport.org/firefighter-cancer-awareness-month/>
- <https://www.iaff.org/cancer-awareness-month/>



Please contact the Cancer and Health Coordinator, Kyle O'Neill with any questions or concerns at [koneill@sandiego.gov](mailto:koneill@sandiego.gov).

Wellness Resources link: ["Promoting Safe and Healthy Lives"](#) or call 833-SDFD-HSO  
password – support